

**RIVERSIDE ANGLICAN CHURCHES**  
QUESTIONS FOR DISCUSSION OR REFLECTION  
**Joy in Conflict – Philippians 4:2-9**

1. Can you think of ongoing conflict or bitterness you have had with another Christian?  
(Careful!!!! only share what is appropriate and helpful!)
2. Read *Philippians 4:2-3*. What do we learn about Euodia and Syntyche in these verses?
3. How could two such women have a dispute significant enough that Paul has heard about it in another city?
4. What's the outcome that Paul want to see for them? What does it mean to 'agree in the Lord'?
5. Read *Philippians 4:4-9*. What stands in the way of you obeying Pauls commands to Rejoice in the Lord always, and to let your reasonableness be known to everyone?
6. What is Paul's explanation of why we must do these things? What's the connection?
7. What are the things that provide you with the most anxiety? Has this changed over the years?
8. How often do you pray about these issues? Why/Why not?
9. What is it that the peace of God is guarding our hearts from? (v7)
10. Are you the sort of person who is more inclined to reflect on the negatives and disappointments of this world or the positives?
11. Talk about some of the very good things you have seen in the world in the last few weeks. (Inside and outside of Gods people) (v8)
12. How might we encourage one another to think about the good things? (v8)
13. What is it that the Philippians have learned and received and heard from Paul? (v9)
14. Which of these instructions do you need to work at most?